



Dr. Michaela Hynie

INYI Featured Member

Meet Dr. Michaela Hynie

Michaela Hynie received her PhD from McGill University in social psychology. She is currently an Associate Professor of Psychology at York University, Toronto, Canada, and Associate Director of the York Institute for Health Research. Dr. Hynie's youth-related research focuses on social norms, social support, and family relationships, and how these factors are affected by and interact with culture, migration and socio-economic conditions. Her research is conducted with immigrant and refugee families in urban and suburban Canada, as well as in rural and urban communities in India, Nepal, Rwanda and South Africa.

Dr. Hynie's work has been funded by a number of different agencies including the Social Science and Humanities Research Council of Canada, the Centre for Research in Immigration and Settlement, and the Lupina Foundation. She uses both qualitative and quantitative methods and her work is informed by

community-based research (CBR) approaches. Consistent with the CBR approach, in addition to academic publications, her research outcomes have included community-developed information handbooks about mental health, presentations to government, health and community organizations, community fact sheets, digital stories, theatre, and documentary films.

Recent projects include work on mental health needs with Canadian youth of Somali descent; settlement challenges faced by Karen refugees in Canada and Australia in relation to different national settlement policies; identifying and preventing maternal depression in Rwanda; and exploring the effects of social, environmental, and policy contexts on community adaptation to climate change in Canada, India and Nepal.

Selected Publications

Hynie, M., Shakya, Y., & Guruge, S. (2012). Intergenerational relationships through the eyes of Afghan, Karen and Sudanese refugee youth in Canada: Role reversal or resettlement champions? *Journal of Canadian Ethnic Studies*, 44 (3), 11-28.

Casale, M., Rogan, M., Hynie, M., Flicker, S., Nixon, S., & Rubincam, C. (2011). 'Gendered' perceptions of HIV risk in a high HIV-prevalence setting and implications for prevention programming. *African Journal of AIDS Research*, 10 (S1), 301-310. doi: 10.2989/16085906.2011.637728

Shakya, Y., Guruge, S., Hynie, M., Akbari, A., Malik, M., & Htoo, S., Khogali, S. A. M., Murtaza, R., & Alley, S. (2010). Aspirations for higher education among newcomer refugee youth in Toronto: Expectations, challenges, and strategies. *Refugee*, 27, 65-78.

Su, C. & Hynie, M. (2010). Effects of life stress, social support and cultural norms on parenting styles among Mainland Chinese, European-Canadian and Chinese-Immigrant mothers. *Journal of Cross-Cultural Psychology*, 1-19.:doi: 10.1177/0022022110381124

Rogan, M., Hynie, M., Casale, M., Jobson, G., Flicker, S., Nixon, S. & Dawad, S. (2010). What about peer norms? Evidence on gender, violence and HIV risk from a poor urban community in KwaZulu-Natal, South Africa. *African Journal of AIDS Research*, 9(4), 355-366.