



### INYI New Member

Joana Suta, PhD, is a Psychologist consultant. Dr. Suta completed her PhD in Psychology at the C.I.R.M.P.A, "Sapienza" Faculty of Medicine and Psychology, Rome, Italy.

Originally from Albania, an ex-communist country that was a characterized by radical social, political changes and important cultural changes in the last 20 years, her PhD Thesis, part of a common collaboration between two centres studies has been understating

(CADS Germany and CRIMPA Italy, was focused on the study of stressors related to macro-social changes. She tested these variables in the Italian context with a sample of young adults. The principle aim of her studies has been to understand how young adults perceive work and family-related demands, personal and social resources and coping strategies used to cope with these changes. Dr. Sut's actual interest is mainly concerning the role that developmental tasks have in different aspects of human living and the successful and maladaptive coping strategies related to life. Personality theories including the BIG five model and social cognition theories like Bandura's are central to her interests. These specific theories and their application in mainly work and family life are related to a special interest to social representation theory (Moscovici., 1976).

### INYI Publications and Events

In May, **Dr. Eckart Muller-Bachmann** presented at the 5th annual European Migration Network in Luxemborg on "The family as a Unit: Starting Point and System of Support." The main objective of the research presentation was to identify if and to what extent the family can represent a successful strategy for facilitating immigrants' integration as well as for absorbing and mitigating the hardest and most painful effects brought by the migration experience. To view the full report, see: [http://www.cjd-eutin.eu/fileadmin/content/INTERFACE\\_Final\\_Report.pdf](http://www.cjd-eutin.eu/fileadmin/content/INTERFACE_Final_Report.pdf).

Lou, E., **Lalonde, R. N.**, & Giguère, B. (In press). Making the decision to move out: Bicultural young adults and the negotiation of cultural demands and family relationships. *Journal f Cross-Cultural Psychology*. DOI: 0022022112443414.

Tchombe, T., Lah Lo-oh, J., Zinkeng, M., Gakuba, T.O (2012). Psychological undertones of family poverty in rural communities in Cameroon: resilience and coping strategies: *South African Journal of Psychology*, 42(2), 232-242

### Upcoming/ Recent Events

The office of Echo Chair in Women's Mental Health Research is planning for the 2012-2013 Women's Mental Health and Wellbeing Speakers Series. The Speakers Series is now in its 5th year. For information on past and future events, please see <http://www.yorku.ca/nkhanlou/speakers-series.html>

On July 10, 2012 Dr. Fernando Nunes participated in an international seminar discussion entitled, "Engagement in Multicultural and Transnational Spaces: Portuguese-Canadian Identity in Canada and in Portugal" in Lisbon, Portugal. Dr. Nunes presented on "I want my children to experience what I did": An exploration of the youth-led Portuguese Canadian Association in Halifax. The workshop presented an opportunity for debate on:

- Multicultural Policies in Canada and the integration of Portuguese-Canadian
- Intercultural dialogue approach for the management of cultural diversity in Portugal;
- Portuguese-Canadian identity dynamics and belonging in Canada and in Portugal. Current trends and challenges.